

COVID-19 Guidance for Parents of Children Attending School and/or Childcare

Your child has one or more of these COVID-19 symptoms: Fever • Cough (new cough or worsening chronic cough) • Shortness of breath or difficulty breathing (new or worsening) • Runny nose • Sore throat



Note: Chronic symptoms that can be explained by a pre-existing medical condition (e.g. allergies) would be considered part of the child's baseline health status. As long as these symptoms do not change, the child can continue to attend school/childcare. A child should have one negative COVID-19 test to establish this baseline.

Guidance

Your child is legally required to **isolate**

A COVID-19 test is recommended

Testing

Decide if your child will be tested for COVID-19

Yes

No

OR

Do:

Book a COVID-19 test for your child

- Online: ahs.ca/covid
- By phone: Call Health Link at 811

Try to book a test that is within 24 hours of your child's symptoms starting

Do:

Go to the COVID-19 test with your child

Before you have your child's test result

Test Result

Do:

Get your child's COVID-19 test result

It may take 1 to 3 days to get your child's test result

- All individuals who test positive for COVID-19 will be contacted by a member of the AHS Public Health team for follow-up and case management
- For more information about getting your child's COVID-19 test result, go to ahs.ca/results



Positive Test Result



Negative Test Result

Next Steps

Have you been told by AHS that your child is a close contact of a person who tested positive for COVID-19?

Yes

No

Have you been told by AHS that your child is a close contact of a person who tested positive for COVID-19?

Yes

No

What to do

Your child is legally required to stay home and **isolate** for **10 days from the start of symptoms**, or until they are gone, whichever is longer.

Household members must stay home for 14 days.

What to do

Your child is legally required to stay home and **isolate** for **14 days from their last exposure to a confirmed case of COVID-19**.

Household members are **not** required to isolate as long as they are asymptomatic.

What to do

Your child is no longer legally required to isolate, but should stay home from school, childcare and other public spaces until they feel better.

What to do

Your child is legally required to stay home and **isolate** for **14 days from their last exposure to a confirmed case of COVID-19**.

If your child has symptoms after these 14 days have passed, they should stay home from school, childcare and other public places until they feel better.

Household members should stay home for 14 days.

What to do

Your child is legally required to stay home and **isolate** for **10 days from the start of symptoms**, or until they are gone, whichever is longer.

Household members are **not** required to isolate as long as they are asymptomatic.

COVID-19 Guidance for Parents of Children Attending School and/or Childcare

Your child has one of more of these COVID-19 symptoms: Chills • Painful swallowing • Stuffy nose • Headache • Muscle or joint aches • Feeling unwell, fatigue or severe exhaustion • Gastrointestinal symptoms (nausea, vomiting, diarrhea or unexplained loss of appetite) • Loss of sense of smell or taste • Conjunctivitis, commonly known as pink eye



Note: Chronic symptoms that can be explained by a pre-existing medical condition (e.g. allergies) would be considered part of the child's baseline health status. As long as these symptoms do not change, the child can continue to attend school/childcare. A child should have one negative COVID-19 test to establish this baseline.

Guidance

Your child should not attend school/childcare if they are feeling unwell

A COVID-19 test is recommended

Testing

Note: If your child feels better while waiting to receive their test result, they can return to school, as long as they are not a close contact of a person who tested positive for COVID-19.

Decide if your child will be tested for COVID-19

Yes

No

OR

Do:

Book a COVID-19 test for your child

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- By phone: Call Health Link at 811

Try to book a test that is within 24 hours of your child's symptoms starting

Do:

Go to the COVID-19 test with your child

Before you have your child's test result

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Positive Test Result



Negative Test Result

Next Steps

Have you been told by AHS that your child is a close contact of a person who tested positive for COVID-19?

Yes

No

Have you been told by AHS that your child is a close contact of a person who tested positive for COVID-19?

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Your child is legally required to stay home and **isolate** for **14 days from their last exposure to a confirmed case of COVID-19.**

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What to do

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If your child has symptoms after these 14 days have passed, they should stay home from school, childcare and other public places until they feel better.

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What to do

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